

Under 18 Masterclass Series

Student Welfare and Online Support

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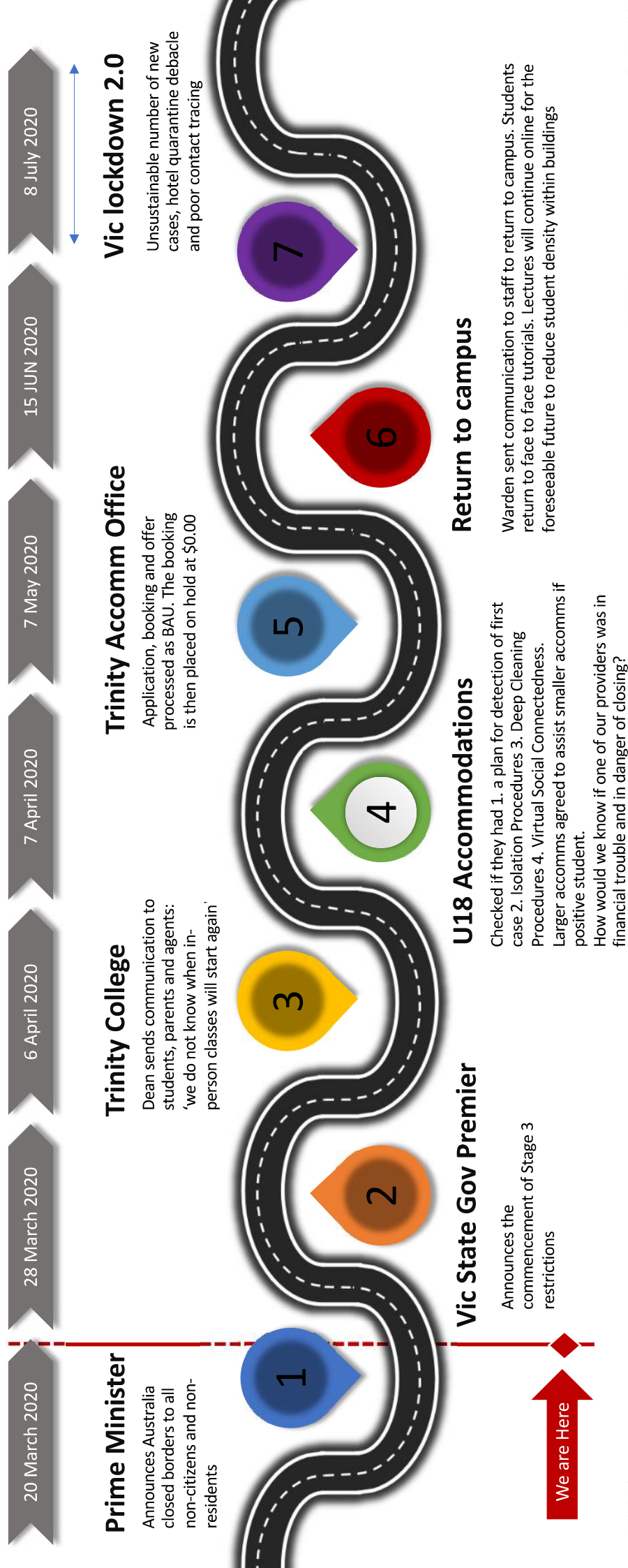
Trinity College, based in Victoria, is one of the leading Foundation Studies programs in Australia

Trinity College Foundation Studies was designed to help international students transition into the University of Melbourne and other leading universities

We know our students (non-COVID-19 around 1500 students) ongoing mental and physical health are vital for enjoying a positive study experience at Trinity...

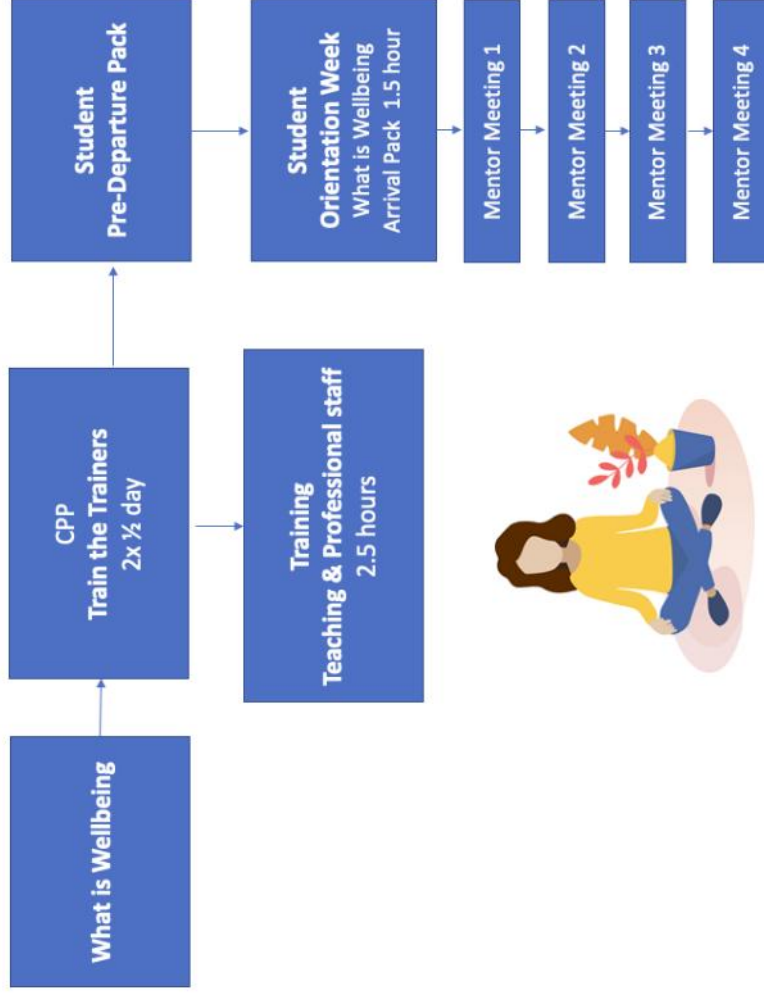
How did Trinity College raise to the challenge of lockdown?

Project Roadmap



My Wellbeing Planner – Pre-Coronavirus

How will Trinity support and enhance the wellbeing and performance of students during online studies?

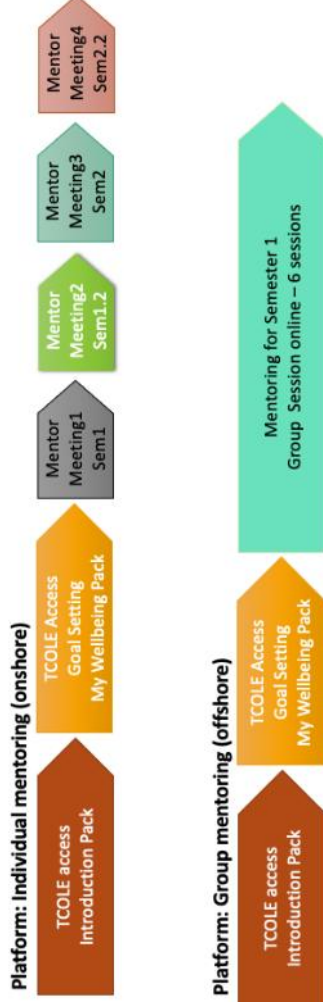


The **My Wellbeing Planner** is an evidence-based tool that helps students do well in their studies, and supports their wellbeing.

Pre-Covid	During Covid
Pre-arrival Pack Email	Pre-arrival Pack Online
Student Orientation What is wellbeing and Arrival Pack with staff (20 -50 students per session)	Student Orientation Online Pre-recorded Video Pre-arrival & Arrival Pack
Mentoring Session 1	Mentoring Session 1
Mentoring Session 2	Mentoring Session 2
Mentoring Session 3	Mentoring Session 3
Mentoring Session 4	Mentoring Session 4

My Wellbeing Planner – During Coronavirus

The group mentoring program has been designed for AM online students (for current and transition states)



It is a collaborative and friendly space in which we will talk about wellbeing and how it influences studies.

Wellbeing and performance are closely linked, and you don't normally have one without the other.

The group sessions will help students learn skills to improve wellbeing while you are studying online.

August Mentoring Program Poster

AUGUST MAIN GROUP MENTORING PLAN

Starts 24 August - fortnightly (once every two weeks!)

1. Your mentor will send you a TEAM invite next week.
2. Your mentoring session is on your timetable (one hour each!)

You will each have a group mentoring code.