



#### **In this newsletter**

- Welcome
- Industry Check-in sessions 2023
- Position vacant for Branch Professional Development Coordinator
- Tell us what you want! 2023 Professional Development survey
- LET Your Story Talk | Mental Health Support for International Students
- National Code Tutorial (NCT)

*Please reply STOP if you do not wish to receive our updates, thank you.*

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#### **Welcome**

Dear Phoebe,

Greetings and happy 2023!

I hope you have had a relaxing summer break and feeling refreshed and ready for what this new year will bring. I look forward to meeting you soon as we launch our engagement

events for 2023.

I would like to introduce you to the other ACTiveNSW committee members for 2023:

- Annette Kalczyńska – Vice President
- Shiva Banjara – Secretary
- Nuala Myatt-Bocarro – Communications Coordinator

You can find more about the executive committee on the ISANA website: <https://isana.org.au/active-nsw-branch-committee/>

Please free to contact me or any member of the committee at [activesw@isana.org.au](mailto:activesw@isana.org.au)

Warm regards,

Kashif Chauhan

**ISANA ACTiveNSW Branch President**

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### **Industry Check-in sessions 2023**

We invite you to join our regular Industry Check-In and catch-up sessions. They are designed to network, collaborate, and exchange ideas without taking up too much of your time. You are welcome to bring a colleague as these sessions are open at no cost as a sign of ISANA's support for the entire international education sector.

- **Date and time:** Wednesday 15 March, 5:00 - 6:30pm
- **Theme:** Connections and updates for 2023
- **Location:** University of Wollongong, Sydney CBD campus 8 Gateway Building, 1 Macquarie Pl, Circular Quay Seminar room 7, Level 10
- **Who you will meet and topics for discussion:**
  - Nate Henderson from Study NSW - *Programs, activities and advice for 2023*
  - Annette Kalczyńska from ISANA - *LET Your Story Talk Mental Health Toolkit for International Students*

- **Registration:** to join the session, please register via the following link, <https://events.humanitix.com/industry-check-in-session-isana-activensw>

For your diary

- **Date and time:** Wednesday 10 May 5:00 - 6:30pm Theme TBA
- **Date and time:** Wednesday 12 July 5:00 - 6:30pm Theme TBA

Keep an eye on the ISANA website for Professional Development opportunities during 2023, <https://isana.org.au/professional-development/>

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### **Position vacant for Branch Professional Development Coordinator**

The Branch Professional Development Coordinator is responsible for the efficient running, preparation, and scheduling of ISANA ACTiveNSW Professional Development sessions across NSW & ACT.

The role includes:

- Actively source speakers/presenters and resources for PD sessions that relate to upholding the principles of ISANA and that benefit its members.
- Coordinate a minimum of 3 PD Sessions throughout each year (January to December).
- Negotiate the cost of external speakers with the Branch committee for approval.
- Organise a varied list of topic offerings throughout the year for PD sessions to draw the most interest and ongoing support from members.
- Effectively communicate progress for PD planning sessions with the Branch Committee.
- Design communication methods to inform the membership of PD sessions, through email, newsletters, website, and other social media with the Communications Coordinator.
- Organise ways to receive information on sessions that would benefit members most, through surveys and post PD Session feedback.

Please send your Expression of Interest to [activensw@isana.org.au](mailto:activensw@isana.org.au) by 10 March 2023.

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## **Tell us what you want! 2023 Professional Development survey**

We are planning new Professional Development sessions for our members of ACTiveNSW branch and would like you to tell us what topics you want us to deliver in 2023. Please submit your views by clicking here, <https://forms.office.com/r/Lpszb1rM8M>

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## **LET Your Story Talk | Mental Health Support for International Students**

Grounded in the stories of nine international students studying in New South Wales, LET Your Story Talk <https://www.letyourstorytalk.com/> showcases short films that reveal the challenges impacting their mental health and wellbeing.

Innovative and interactive, this toolkit aims to inspire conversation, normalise help-seeking whilst destigmatising mental health. Simultaneously the project builds awareness for industry professionals and service providers alike and offer strategies to facilitate dynamic conversations around topics.

LET Your Story Talk was developed with funding from a Study NSW Partner Projects 2021/22 grant to ISANA International Education Association who partnered with Story is Connection to develop mental health resources for international students in NSW.

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## **National Code Tutorial (NCT)**

The National Code Tutorial (NCT) is an online training course designed for professionals working in the international education sector to gain knowledge and understanding of the ESOS Act and National Code 2018. It has been developed to use as an ongoing resource for all registered participants. For information and to register visit: <http://www.isana.org.au/national-code-tutorial/>

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We hope to see you soon!

Warm regards,

Your ISANA ACTiveNSW Branch  
[activesw@isana.org.au](mailto:activesw@isana.org.au)